August 2017 Meadowbrook Senior Living Generations

			BE VIBRANT. BE YOU.		add wibi don deilioi i	erving Contractions
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
ALL ACTIVITIES ARE SUBJECT TO CHANGE WITHOUT NOTICE!	MEADOWBROOK Senior Living — AT AGOURA HILLS	9:15 Morning Newspaper [P] 9:30 Building Muscle 10:30 Cocoa, Juice & pastries in the Parlor 11:00 Table Games 1:00 Walking Club [O] 1:30 Expressive Design w/Yanet [P] 3:30 Afternoon Snack [P] 3:30 Music Therapy w/ Joan [P] 6:30 Evening Snack and Movie [P]	9:15 Morning Newspaper [P] 9:30 Balance Exercise 10:00 Communion 10:30 Milkshakes, muffins and Music 10:45 Beach Trip and picnic [0] 1:00 Walking Club [0] 1:15 Piano w/ Isa 3:00 Afternoon Snack [P] 3:30 Trivia [P] 6:30 Evening Snack and Movie [P]	9:15 ● Morning Newspaper [P] 9:30 ❤ Staying Fit 10:30 Smoothies and cookies 11:00 Hand Massage [P] 1:00 Walking Club [O] 2:00 ★ Live Entertainment in the Parlor 3:00 ❤ Afternoon snack:lce Cream Sundaes 3:30 ▶ BINGO [P] 6:30 ◆ Evening Snack and Movie [P]	9:15 Morning Newspaper [P] 9:30 Exercise Class 10:30 Smoothies & Pastries [P] 11:00 Let's Play UNO 1:00 Walking Club [0] 2:00 Gen-Narrations W/caregivers [P] 3:00 Afternoon Snack [P] 3:30 Art Class/W Erica 6:30 Evening Snack and Movie [P]	9:15 Morning Newspaper [P] 9:30 Excercise Class 10:30 Smoothies and Crackers 11:00 Bingo 1:00 Walking Club [O] 2:00 Board games & Puzzles [P] 3:00 Afternoon Snack [P] 3:30 Sing Along [P] 6:30 Evening Snack and Movie [P]
9:15 Morning Newspaper [P] 9:30 Bodies in Motion 10:30 Smoothies & Pastries [P] 11:00 Chair Volleyball 1:00 Walking Club [0] 1:30 Movie and popcorn in the Media Room [M] 3:00 Afternoon Snack [P] 4:00 Music w/ Isa 6:30 Evening Snack and Movie [P]	9:15 Morning Newspaper [P] 9:30 Sit & Stretch 10:30 Smoothies & Cookies [P] 11:00 Sing Along w/Paula Walking Club [O] 1:30 Woutside games [PT] 3:00 Afternoon Snack [P] 3:30 Ball Game A-Z 6:30 Evening Snack and Movie	Island Days 9:15 Morning Newspaper [P] 9:30 Building Muscle 10:30 Cocoa, Juice & pastries in the Parlor 11:00 Table Games 1:00 Walking Club [O] 1:30 Making Hawaiian Leis [P] 3:00 Afternoon Snack [P] 3:30 Word Game [P] 6:30 Evening Snack and Movie [P]	Island Days 9:15 Morning Newspaper [P] 9:30 Balance Exercise 10:00 Communion 10:30 Milkshakes, muffins and Music 10:45 Bus Trip [O] 1:00 Muau in AL [D] 1:00 Walking Club [O] 1:15 Piano w/ Isa 3:00 Afternoon Snack [P] 3:30 Trivia [P] 6:30 Fvening Snack and Movie [P]	Island Days 9:15 Morning Newspaper [P] 9:30 Staying Fit 10:30 Resident/Employee Island Games in AL [PT] 10:30 Smoothies and cookies 1:00 Walking Club [O] 3:00 Afternoon snack:Ice Cream Sundaes 3:30 BINGO [P] 6:30 Evening Snack and Movie [P]	9:15 Morning Newspaper [P] 9:30 Exercise Class 10:30 Smoothies & Pastries [P] 11:00 Let's Play UNO 1:00 Walking Club [O] 2:00 Gen-Narrations W/caregivers [P] 3:00 Afternoon Snack [P] 3:30 Art Class/W Erica 6:30 Evening Snack and Movie [P]	9:15 Morning Newspaper [P] 9:30 Excercise Class 10:30 Smoothies and Crackers 11:00 Sing Along 1:00 Walking Club [O] 2:00 PBoard games & Puzzles [P] 3:00 Afternoon Snack [P] 3:30 Sing Along [P] 6:30 Evening Snack and Movie [P]
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