


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
 <p>MEADOWBROOK Senior Living — AT AGOURA HILLS —</p>	<p> Be Adventurous</p> <p> Be Challenged</p> <p> Be Connected</p> <p> Be Family</p> <p> Be Inspired</p> <p> Be Social</p> <p> Be Well</p>						
					<p>9:00 Morning Music and introduction to the Day [P]</p> <p>9:30 Staying Fit</p> <p>10:00 Smoothies and cookies</p> <p>10:30 Gen-narrations [P]</p> <p>2:00 Volleyball</p> <p>3:30 Crafts [P]</p> <p>6:00 Evening Snack and Movie [P]</p> <p style="text-align: right;">1</p>	<p>9:00 Morning Music and introduction to the Day [P]</p> <p>9:30 Exercise Class</p> <p>10:00 Smoothies & Pastries [P]</p> <p>10:30 Coloring</p> <p>1:00 Table Games [P]</p> <p>3:30 Loteria</p> <p>6:00 Evening Snack and Movie [P]</p> <p style="text-align: right;">2</p>	<p>9:00 Morning Music and introduction to the Day [P]</p> <p>9:30 Exercise Class</p> <p>10:00 Smoothies and Crackers</p> <p>10:30 Trivia</p> <p>1:00 crafts [P]</p> <p>3:30 Arts & Crafts [P]</p> <p>6:00 Evening Snack and Movie [P]</p> <p style="text-align: right;">3</p>
	<p>9:00 Morning Music and introduction to the Day [P]</p> <p>9:30 Bodies in Motion</p> <p>10:00 Smoothies & Pastries [P]</p> <p>11:00 Cards for Adults [M]</p> <p>3:15 Crafts [P]</p> <p>6:00 Evening Snack and Movie [P]</p> <p style="text-align: right;">4</p>	<p>9:00 Morning Music and introduction to the Day [P]</p> <p>9:30 Sit & Stretch</p> <p>10:00 Smoothies & Cookies [P]</p> <p>10:30 Headbandz</p> <p>1:00 Painting [PT]</p> <p>2:00 Loteria</p> <p>6:00 Evening Snack and Movie [P]</p> <p style="text-align: right;">5</p>	<p>9:00 Morning Music and introduction to the Day [P]</p> <p>9:30 Building Muscle</p> <p>10:00 Cocoa, Juice & pastries in the Parlor</p> <p>1:00 Scenic Drive [P]</p> <p>3:30 Arts & Crafts [P]</p> <p>6:00 Evening Snack and Movie [P]</p> <p style="text-align: right;">6</p>	<p>9:00 Morning Music and introduction to the Day [P]</p> <p>9:30 Balance Exercise</p> <p>10:30 Communion</p> <p>1:00 Sing Along w/Isa [P]</p> <p>3:00 Tennis [P]</p> <p>6:00 Evening Snack and Movie [P]</p> <p style="text-align: right;">7</p>	<p>9:00 Morning Music and introduction to the Day [P]</p> <p>9:30 Staying Fit</p> <p>10:00 Smoothies and cookies</p> <p>10:30 Gen-narrations [P]</p> <p>1:30 Live Entertainment in the Parlor [P]</p> <p>3:30 Crafts [P]</p> <p>6:00 Evening Snack and Movie [P]</p> <p style="text-align: right;">8</p>	<p>9:00 Morning Music and introduction to the Day [P]</p> <p>9:30 Exercise Class</p> <p>10:00 Smoothies & Pastries [P]</p> <p>10:30 Coloring</p> <p>1:00 Table Games [P]</p> <p>3:30 BINGO</p> <p>6:00 Evening Snack and Movie [P]</p> <p style="text-align: right;">9</p>	<p>9:00 Morning Music and introduction to the Day [P]</p> <p>9:30 Exercise Class</p> <p>10:00 Smoothies and Crackers</p> <p>10:30 Trivia</p> <p>1:00 Volleyball [P]</p> <p>3:30 Arts & Crafts [P]</p> <p>6:00 Evening Snack and Movie [P]</p> <p style="text-align: right;">10</p>
	<p>9:00 Morning Music and introduction to the Day [P]</p> <p>9:30 Bodies in Motion</p> <p>10:00 Smoothies & Pastries [P]</p> <p>11:00 Cards for Adults [M]</p> <p>3:15 Crafts [P]</p> <p>6:00 Evening Snack and Movie [P]</p> <p style="text-align: right;">11</p>	<p>9:00 Morning Music and introduction to the Day [P]</p> <p>9:30 Sit & Stretch</p> <p>10:00 Smoothies & Cookies [P]</p> <p>10:30 Headbandz</p> <p>1:00 Painting [PT]</p> <p>2:00 Loteria</p> <p>6:00 Evening Snack and Movie [P]</p> <p style="text-align: right;">12</p>	<p>9:00 Morning Music and introduction to the Day [P]</p> <p>9:30 Building Muscle</p> <p>10:00 Cocoa, Juice & pastries in the Parlor</p> <p>10:30 BINGO</p> <p>1:00 Scenic Drive [P]</p> <p>3:30 Arts & Crafts [P]</p> <p>6:00 Evening Snack and Movie [P]</p> <p style="text-align: right;">13</p>	<p>9:00 Morning Music and introduction to the Day [P]</p> <p>9:30 Balance Exercise</p> <p>10:30 Communion</p> <p>1:00 Sing Along w/Isa [P]</p> <p>3:00 Tennis [P]</p> <p>6:00 Evening Snack and Movie [P]</p> <p style="text-align: right;">14</p>	<p>9:00 Morning Music and introduction to the Day [P]</p> <p>9:30 Staying Fit</p> <p>10:00 Smoothies and cookies</p> <p>10:30 Gen-narrations [P]</p> <p>2:00 Volleyball [P]</p> <p>3:30 Crafts [P]</p> <p>6:00 Evening Snack and Movie [P]</p> <p style="text-align: right;">15</p>	<p>9:00 Morning Music and introduction to the Day [P]</p> <p>9:30 Exercise Class</p> <p>10:00 Smoothies & Pastries [P]</p> <p>10:30 Coloring</p> <p>1:00 Table Games [P]</p> <p>3:30 Loteria</p> <p>6:00 Evening Snack and Movie [P]</p> <p style="text-align: right;">16</p>	<p>9:00 Morning Music and introduction to the Day [P]</p> <p>9:30 Exercise Class</p> <p>10:00 Smoothies and Crackers</p> <p>10:30 Trivia</p> <p>1:00 BINGO [P]</p> <p>3:30 Arts & Crafts [P]</p> <p>6:00 Evening Snack and Movie [P]</p> <p style="text-align: right;">17</p>
	<p>9:00 Morning Music and introduction to the Day [P]</p> <p>9:30 Bodies in Motion</p> <p>10:00 Smoothies & Pastries [P]</p> <p>11:00 Cards for Adults [M]</p> <p>3:15 Crafts [P]</p> <p>6:00 Evening Snack and Movie [P]</p> <p style="text-align: right;">18</p>	<p>9:00 Morning Music and introduction to the Day [P]</p> <p>9:30 Sit & Stretch</p> <p>10:00 Smoothies & Cookies [P]</p> <p>10:30 Headbandz</p> <p>1:00 Painting [PT]</p> <p>2:00 Loteria</p> <p>6:00 Evening Snack and Movie [P]</p> <p style="text-align: right;">19</p>	<p>9:00 Morning Music and introduction to the Day [P]</p> <p>9:30 Building Muscle</p> <p>10:00 Cocoa, Juice & pastries in the Parlor</p> <p>1:00 Scenic Drive [P]</p> <p>3:30 Arts & Crafts [P]</p> <p>6:00 Evening Snack and Movie [P]</p> <p style="text-align: right;">20</p>	<p>9:00 Morning Music and introduction to the Day [P]</p> <p>9:30 Balance Exercise</p> <p>10:30 Communion</p> <p>12:00 Thanksgiving Day Buffet in AL [D]</p> <p>1:00 Sing Along w/Isa [P]</p> <p>3:00 Tennis [P]</p> <p>6:00 Evening Snack and Movie [P]</p> <p style="text-align: right;">21</p>	<p style="text-align: center;">Thanksgiving Day</p> <p>9:00 Morning Music and introduction to the Day [P]</p> <p>9:30 Staying Fit</p> <p>10:00 Smoothies and cookies</p> <p>10:30 Gen-narrations [P]</p> <p>2:00 Afternoon Movie [P]</p> <p>6:00 Evening Snack and Movie [P]</p> <p style="text-align: right;">22</p>	<p>9:00 Morning Music and introduction to the Day [P]</p> <p>9:30 Exercise Class</p> <p>10:00 Smoothies & Pastries [P]</p> <p>10:30 Coloring</p> <p>1:00 Table Games [P]</p> <p>3:30 Loteria</p> <p>6:00 Evening Snack and Movie [P]</p> <p style="text-align: right;">23</p>	<p>9:00 Morning Music and introduction to the Day [P]</p> <p>9:30 Exercise Class</p> <p>10:00 Smoothies and Crackers</p> <p>10:30 Trivia</p> <p>1:00 crafts [P]</p> <p>3:30 Arts & Crafts [P]</p> <p>6:00 Evening Snack and Movie [P]</p> <p style="text-align: right;">24</p>
<p>9:00 Morning Music and introduction to the Day [P]</p> <p>9:30 Bodies in Motion</p> <p>10:00 Smoothies & Pastries [P]</p> <p>11:00 Cards for Adults [M]</p> <p>3:15 Crafts [P]</p> <p>6:00 Evening Snack and Movie [P]</p> <p style="text-align: right;">25</p>	<p>9:00 Morning Music and introduction to the Day [P]</p> <p>9:30 Sit & Stretch</p> <p>10:00 Smoothies & Cookies [P]</p> <p>10:30 Headbandz</p> <p>1:00 Painting [PT]</p> <p>2:00 Loteria</p> <p>6:00 Evening Snack and Movie [P]</p> <p style="text-align: right;">26</p>	<p>9:00 Morning Music and introduction to the Day [P]</p> <p>9:30 Building Muscle</p> <p>10:00 Cocoa, Juice & pastries in the Parlor</p> <p>1:00 Scenic Drive [P]</p> <p>3:30 Arts & Crafts [P]</p> <p>6:00 Evening Snack and Movie [P]</p> <p style="text-align: right;">27</p>	<p>9:00 Morning Music and introduction to the Day [P]</p> <p>9:30 Balance Exercise</p> <p>10:30 Communion</p> <p>1:00 Sing Along w/Isa [P]</p> <p>3:00 Tennis [P]</p> <p>6:00 Evening Snack and Movie [P]</p> <p style="text-align: right;">28</p>	<p>9:00 Morning Music and introduction to the Day [P]</p> <p>9:30 Staying Fit</p> <p>10:00 Smoothies and cookies</p> <p>10:30 Gen-narrations [P]</p> <p>2:00 Birthday Celebration w/ Live Entertainment [P]</p> <p>3:30 Crafts [P]</p> <p>6:00 Evening Snack and Movie [P]</p> <p style="text-align: right;">29</p>	<p>9:00 Morning Music and introduction to the Day [P]</p> <p>9:30 Exercise Class</p> <p>10:00 Smoothies & Pastries [P]</p> <p>10:30 Coloring</p> <p>1:00 Table Games [P]</p> <p>3:30 Loteria</p> <p>6:00 Evening Snack and Movie [P]</p> <p style="text-align: right;">30</p>	<p style="text-align: center;">Location Keys</p> <p>Dining Room D</p> <p>Media Room M</p> <p>Parlor P</p> <p>Patio PT</p>	